

TSV Selent Hallenbelegung -ganzjährig-



| | | 14:00 | 14:30 | 15:00 | 15:30 | 16:00 | 16:30 | 17:00 | 17:30 | 18:00 | 18:30 | 19:00 | 19:30 | 20:00 | 20:30 | 21:00 | 21:30 | 22:00 | | | | | | |
|----|---|-------------|-------|-------|-----------------------|-------|-------|-----------------------------|-------|-------------|--|-------|-------|---|-------|-------|-------------|-------|--|--|--|--|--|--|
| Mo | A | | | | | | | Tischtennis | | | Powerhouse | | | | | | | | | | | | | |
| | B | | | | Senioren-sport DRK | | | | | Cheerleader | Karate | | | Betriebs-sport Schule | | | | | | | | | | |
| Di | A | | | | | | | | | | | | | | | | | | | | | | | |
| | B | | | | Eltern/Kind Turnen | | | Turnen ab 4 Jahre | | | | | | | | | | | | | | | | |
| Mi | A | | | | | | | Cheerleader NAC Piranhas | | | Cheerleader NAC Ravens / NAC Tigers | | | | | | | | | | | | | |
| | B | | | | | | | | | | Zumba | | | Kondition und Fitness | | | | | | | | | | |
| Do | A | | | | | | | | | | | | | Badminton | | | | | | | | | | |
| | B | | | | | | | | | | Karate 01.04.-31.10. | | | Freestyle Bodyfitness Kurs nach Bedarf | | | | | | | | | | |
| Fr | A | Tischtennis | | | | | | | | | | | | | | | | | | | | | | |
| | B | | | | | | | Zumba Gold | | | Kiddies-Zumba | | | Zumba | | | Feuerwehren | | | | | | | |